



# WHAT TO BRING

## TRAILS CAMP - SABI SANDS PRIVATE GAME RESERVE

*For students attending any of our practical courses, it is recommended that you bring the items listed below. This will ensure that you can participate fully and that your time with us is more enjoyable ☺*

### Items required:

- Neutral-coloured clothing, not white (where possible, use shirts with collars as this protects your neck from the sun)
- Good walking shoes and socks - please ensure you have a back-up pair
- A spare pair of shoes for around the camp in the evenings
- A good neutral-coloured hat that provides protection for your face and ears
- A jacket and some warm clothing (early mornings can be quite 'fresh')
- Sleeping bag (2° upwards in summer, 0° in winter - it gets very cold)
- Bring a spare blanket as the mornings are rather chilly, as well as a beanie for winter nights and early mornings
- Pillow
- Towel
- Headlamp (preferably) or torch (and some spare batteries)
- A comfortable day pack
- Notebook and pens/pencils (for recording information in the field and lectures)
- Binoculars
- A robust water bottle (like the ones used by mountain bikers)
- Mosquito and tick/insect repellent
- Sunscreen
- Your own toiletries and medication (where applicable)
- Remember to bring your FGASA books as these will be used daily ☺

### Items highly recommended:

- A light raincoat or poncho
- Gaiters to protect your ankles/socks/laces from thorns and grass seeds
- Any field or reference books that you may want to bring along
- Camera (remember to bring spare batteries/memory cards)
- Sufficient cash (*you require cash for entry into the Sabi Sands Private Game Reserve and extra for bar purchases*)
- International students, please bring adaptors that are compatible with the round, 3-prong plugs used in South Africa. Please note that a generator is used for a couple of hours each evening.
- Ear plugs if you are sensitive to night sounds/snoring!

\* If you have a surge-protector, bring it along, as electricity supplied by generators is known to fluctuate.

Tip: Don't bring too many sets of clothing as there is a weekly laundry service which is charged at a nominal fee.

**NB: Africa Nature Training accepts no responsibility for damage to your equipment!**